

# Is it time to tap into the Power of You?

The Power of You 8-week Live-online programme is a powerful experience for breaking through self-imposed limitations if you are an aspirational leader, business woman, entrepreneur or career returner seeking to unlock more of the potential in you.

"Join me and up to 12 other amazing women. I will introduce you to a system of proven techniques and strategies and my **Ultimate Personal-empowerment System (UPS)** that will release the Power in You. You will learn how to master the ability to **Inspire** and **Influence** others and how to **Impact** REAL change".





## Are you holding back or Leaning In to possibilities?

# Certainty = confidence and in this uncertain world, the only person you can be certain of is you.

If like me you've spent years with the CD's (Creeping Doubts), hesitating, waiting until you're asked, to be sure, ready or perfect, waiting until all the lights turn green.

## Is now the time to be brave, be bold, to show up, step up, speak up?

In this virtual world, as an aspirational woman of influence, are you inspiring others around you? Are you getting seen and getting heard?

# Do you have something to say, but don't know how to say it to have the right impact? To sell your ideas, get buy-in to you?

Have you found the courage and your voice to ask for what you want, to speak up with confidence, gravitas, presence and have the influence you want?

#### Are you pursuing your inner purpose and living life without hesitation?

Or are insecurities, doubts and fears holding you back?

A little like having your foot flat on the accelerator with the hand brake on? Do you relate?

#### That was me!

With an inner purpose and determination, I discovered how to break out of 'mental jail' and find my voice, I started putting into practice many of the strategies and techniques that I realise I had previously used to break-through self-imposed limitations and to inspire and influence others... the result?

## My life has turned around, from break-down and financial crisis to building a life of purpose and possibility.

I still have doubts, I still have fears, but now I don't let them stop me.

By using proven techniques and strategies I take more inspired action, flip self-limitations into opportunities and live life with greater courage and confidence.

I want to share these with you.

How do I do it? I disrupt and challenge your thinking and inspire you to change.

Now is the best time to invest in you, to strengthen your position to give you certainty and confidence, and take the handbrake off your career, your life.

Are you ready to make change happen? After all, you will never know what you are truly made of until you're stretched.

Readon...

## I will personally take you through a 5-step self-discovery process

- To become your own inspiration and inspire others
- Build courage and REAL confidence to present your authenticity and passion to have the greatest influence
- Discover and ignite your purpose by taking inspired courageous action

# You will experience and master three 3 fundamental strategies including a proven framework for communicating with impact to become a woman of real influence

- To show up with gravitas, speak so people will listen and listen so people will speak
- Present yourself with poise, passion and presence to have the greatest influence
- To speak up with confidence to ask for what you want, raise your profile and build credibility
- To get buy-in to you and move people to act on your ideas and suggestions

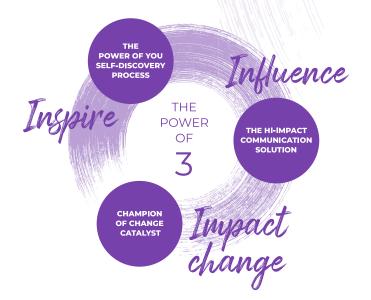
## You will become expert in applying a powerful 3-step breakthrough formula

- To create breakthroughs, beat procrastination and develop a bias towards action
- Take charge of your life, your career, your business and grasp more opportunities
- To trust yourself to act confidently with difficult people and situations
- To beat procrastination and manage excessive stress and worry



# How the programme works

- Join up to 12 other women on a Live-online 3-hour session
- Prior to the programme you will have a coaching call with me to explore your aspirations, expectations and will agree together what success looks like
- Access to me in between sessions to check-up on progress and ask for support on a specific
- Group dynamics encourage and offer additional support, inspiration and feedback
- 'In-the-moment' coaching feedback challenges you to develop courage, confidence and focuses on potential and results
- Each session offers an opportunity to Stand & Deliver (SaD), to tell your story or report on an activity and results, building self-confidence and the ability to hone powerful communication skills and performance impact



"You have been such an amazing influence over the years to me. I cannot recommend RAWtalks enough for women who are ready to close the confidence gap!"

Aduke Onofowakan, Sister Sister Network

Read on ...

**Investment £2,995** (Inc VAT)\* pp | **Programme starts Friday 29th January 2021** 

Visit www.RAWtalksacademy.com to register for possibility call to secure a special rate - ends 23rd December 2020



# Testimonials

"Tamsin has inspired me to believe in all I have and to take action without analysing."

Vafa Taleban

"Sometimes we forget who we are and therefore stop believing in how much we can positively impact our own lives and those of others. This course reminds you and raises you to be who you dream of being."

Arabela Silva

"I can't thank you enough, you are so inspiring and I have learnt so much from you. Two months ago I would never have stood up and talked about myself, I feel I have made a huge positive step forward."

Olivia Hoptroff

"Power of You' course with Tamsin Napier-Munn came to a close today and what a last session it was. I got so much from the course, the stand out thing I reflected on was courage and that there is no time or room in life for excuses.

Thank you Tamsin Napier-Munn, you really are an inspiration."

Manager, Microsoft

"The super inspiring Tamsin from 'RAWtalks' gave me the tools I needed to develop my confidence and courage to believe in myself. During the intense sessions, I was pushed out of my comfort zone to find my inner voice. It was the best self-development course I have completed."

Heidi Snelgrove, Creative Producer, We Love Images



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"I founded RAWtalks academy with the purpose of enabling women with techniques, tools, strategies and the power of a 'push' to liberate themselves from self-imposed limitations.

For women to re-discover what they are truly made of, to find and use their inner voice, to pursue their purpose with passion, and in doing so inspire others to do the same.

This is true personal-empowerment. I don't believe anyone can really empower you, you are the only one who can decide to take charge of your career and your life and it comes when you convert intentions into actions.

You only find out what you're truly capable of when you're stretched."

Tamsin Napier-Munn

# So my question to you is...

#### What if...

You are braver than you realise, smarter than you think and stronger than you know?

#### Imagine...

Being that person you know you are capable of being, doing the things that you love to do and achieving the success that you owe yourself.

#### And in doing so...

You will be a true role model and inspire other women around you.

If you seriously want to raise your profile and have impact...

Be Bold, Be Brave, Be Better

#### Act now to secure your place with me

I do this by challenging and inspiring you to step up, to speak up, to trust your instincts, tap into your talents, your greatness and to take courageous action.

#### Is it time for a breakthrough?

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#### Why me?

I have spent 35 years in sales with a really unpredictable and totally unplanned career in fashion, IT consulting, publishing and training. Holding positions as sales manager, facilitator and coach for Dale Carnegie and area director, business owner, and over the last 5 years, manager and host of The Women in Business Awards and Campaign for the Business Magazine.

As many single mums may know, it has its' absolute joys, but can also offer huge personal growth opportunities! Knowing like many of you the financial highs and lows, the mental highs and lows – having had a challenging upbringing, been riddled with anxiety, and then needing to embrace that wonderful time of life where the 'mones' take over!

RAWtalks is a culmination of my own journey and the strategies I've used to overcome struggles and challenges to achieve results, as well as what I have discovered as the DNA of many successful women in business I have interviewed and have had the privilege of getting to know.

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RAWtalks (Real Authentic Women) academy was established in 2019 by Tamsin Napier-Munn to empower women to get seen, get heard, get ahead. Our programmes challenge, develop and inspire aspirational women in business, leaders in organisations, entrepreneurs, and career returners, to find their passion and purpose.



